

PODCAST

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(File: 20061113 NIT bb)

November 13, 2006

Colville & Dippel
LLC

1309 E Broadway Blvd
Tucson, AZ 85719

O 520.884.9041

F 520.623.1681

ArizonaDepos.com

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JOSH CENTOR: Three days ago the DoubleAZone celebrated its one-year anniversary.

The first post we had on the blog discussed my love of the NIT Season Tip-Off and told the story about how my buddies and I from high school used to sneak Popeyes Chicken into Madison Square Garden after school on the Wednesday before Thanksgiving to watch the games.

I honestly think this is one of the greatest sporting events out there. I love college basketball, and I'm pumped up because it's starting today.

Dr. Brand, what do we expect? NIT is coming to town.

DR. MYLES BRAND: Oh, I think that's terrific. The NIT really is the kickoff for the basketball season. It's always been that for me too, just like you, Josh. And, of course, it's great to see it in Madison Square Garden.

But it's around the country right now. And I always thought of this as kind of the unofficial start of the basketball season.

JOSH CENTOR: Absolutely. Well, I mean -- and you said it's around the country. This is -- it was played on campus sites before. This year is the first

1 time where we're having neutral sites. You know, we have
2 one here in town in Indy. And then all across the
3 country, we have four sites with the 16 teams, and then
4 they'll end up in the Garden. So it's more of a national
5 event now.

6 DR. MYLES BRAND: It really is. You might
7 remember that the NCAA took over the NIT tournament last
8 year, and we've made some changes. The selection
9 process, for example, is more objective the way we're
10 doing it. We're also trying to make sure that we're on
11 neutral sites.

12 First of all, for the fans so we can get
13 more fans at the games and provide the opportunity in
14 these arenas, but also to make it fairer, see who rises
15 to the top. And this is always an advantage if you play
16 on your home court you have, so we've tried to eliminate
17 that advantage and make it a more objective selection as
18 well as a fairer tournament.

19 JOSH CENTOR: And we have some pretty great
20 guys on that NIT selection committee, a lot of experience
21 a wealth of experience. And one of the things that
22 really, really excites me about this is that you're going
23 to have four teams that end up in Madison Square Garden,
24 just a few blocks from Penn Station -- actually right
25 there at Penn Station -- a few blocks from Times

1 Square -- see, you take me out of the city, I forget a
2 little bit about the location. But I mean, they're there
3 at Thanksgiving. We're going to have Macy's Thanksgiving
4 Day Parade right outside their hotel window. And last
5 year, that was something that they got to see on their
6 off day.

7 DR. MYLES BRAND: Absolutely. And that'll
8 happen again. It's a great experience for the student
9 athletes who go to Madison Square Garden.

10 You know, it is the Big Apple. Whatever
11 else you want to say about the rest of the world of
12 basketball, playing in the Big Apple is special. And
13 being around Times Square, it's great excitement. And I
14 enjoy the Macy's day parade too, and watched it along
15 with the student athletes last year. And I'm going to do
16 the same thing this year.

17 JOSH CENTOR: It's a great parade. Oh,
18 you're going again?

19 DR. MYLES BRAND: Oh, absolutely.

20 JOSH CENTOR: I, unfortunately, am not
21 making it to New York for Thanksgiving. My mother and
22 father are not pleased. But I'm going to miss this
23 tournament for the first time in a while. I will be
24 watching the semis and the finals on television. But you
25 will be there.

1 DR. MYLES BRAND: Absolutely. I wouldn't
2 miss it.

3 JOSH CENTOR: All right. Well, enjoy that.
4 Make sure to check out some of the great
5 teams. We've got North Carolina, Gonzaga, IU, Tennessee,
6 playing in the NIT Season Tip-Off, getting ready for some
7 hoops on the way to March.

8 Thanks for joining us here on Mondays with
9 Myles. And we will talk to you next week.

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<p style="text-align: center;">A</p> <p>absolutely 1:23 3:7,19 4:1</p> <p>advantage 2:15 2:17</p> <p>ago 1:2</p> <p>anniversary 1:3</p> <p>Apple 3:10,12</p> <p>arenas 2:14</p> <p>athletes 3:9,15</p> <hr/> <p style="text-align: center;">B</p> <p>basketball 1:11 1:17,22 3:12</p> <p>bb 1:1</p> <p>Big 3:10,12</p> <p>bit 3:2</p> <p>blocks 2:24,25</p> <p>blog 1:4</p> <p>Brand 1:13,15 2:6 3:7,19 4:1</p> <p>buddies 1:6</p> <hr/> <p style="text-align: center;">C</p> <p>campus 1:25</p> <p>Carolina 4:5</p> <p>celebrated 1:3</p> <p>CENTOR 1:2 1:23 2:19 3:17 3:20 4:3</p> <p>changes 2:8</p> <p>check 4:4</p> <p>Chicken 1:7</p> <p>city 3:1</p> <p>college 1:10</p> <p>coming 1:14</p> <p>committee 2:20</p> <p>country 1:20,24 2:3</p> <p>course 1:18</p> <p>court 2:16</p> <hr/> <p style="text-align: center;">D</p> <p>day 3:4,6,14</p> <p>days 1:2</p>	<p>discussed 1:4</p> <p>doing 2:10</p> <p>DoubleAZone 1:3</p> <p>Dr 1:13,15 2:6 3:7,19 4:1</p> <hr/> <p style="text-align: center;">E</p> <p>eliminate 2:16</p> <p>enjoy 3:14 4:3</p> <p>event 2:5</p> <p>events 1:10</p> <p>example 2:9</p> <p>excitement 3:13</p> <p>excites 2:22</p> <p>expect 1:13</p> <p>experience 2:20 2:21 3:8</p> <hr/> <p style="text-align: center;">F</p> <p>fairer 2:14,18</p> <p>fans 2:12,13</p> <p>father 3:22</p> <p>finals 3:24</p> <p>first 1:4,25 2:12 3:23</p> <p>forget 3:1</p> <p>four 2:3,23</p> <hr/> <p style="text-align: center;">G</p> <p>games 1:8 2:13</p> <p>Garden 1:7,19 2:4,23 3:9</p> <p>getting 4:6</p> <p>go 3:9</p> <p>going 2:22 3:3 3:15,18,22</p> <p>Gonzaga 4:5</p> <p>great 1:18 2:19 3:8,13,17 4:4</p> <p>greatest 1:10</p> <p>guys 2:20</p> <hr/> <p style="text-align: center;">H</p> <p>happen 3:8</p> <p>high 1:6</p>	<p>home 2:16</p> <p>honestly 1:9</p> <p>hoops 4:7</p> <p>hotel 3:4</p> <hr/> <p style="text-align: center;">I</p> <p>Indy 2:2</p> <p>IU 4:5</p> <hr/> <p style="text-align: center;">J</p> <p>joining 4:8</p> <p>Josh 1:2,18,23 2:19 3:17,20 4:3</p> <hr/> <p style="text-align: center;">K</p> <p>kickoff 1:16</p> <p>kind 1:21</p> <p>know 2:1 3:10</p> <hr/> <p style="text-align: center;">L</p> <p>little 3:2</p> <p>location 3:2</p> <p>lot 2:20</p> <p>love 1:5,10</p> <hr/> <p style="text-align: center;">M</p> <p>Macy's 3:3,14</p> <p>Madison 1:7,19 2:23 3:9</p> <p>making 3:21</p> <p>March 4:7</p> <p>mean 1:23 3:2</p> <p>Mondays 4:8</p> <p>mother 3:21</p> <p>Myles 1:15 2:6 3:7,19 4:1,9</p> <hr/> <p style="text-align: center;">N</p> <p>national 2:4</p> <p>NCAA 2:7</p> <p>neutral 2:1,11</p> <p>New 3:21</p> <p>NIT 1:1,5,13,16 2:7,20 4:6</p> <p>North 4:5</p>	<p style="text-align: center;">O</p> <p>objective 2:9,17</p> <p>Oh 1:15 3:17,19</p> <p>one-year 1:3</p> <p>opportunity 2:13</p> <p>outside 3:4</p> <hr/> <p style="text-align: center;">P</p> <p>parade 3:4,14 3:17</p> <p>Penn 2:24,25</p> <p>play 2:15</p> <p>played 1:25</p> <p>playing 3:12 4:6</p> <p>pleased 3:22</p> <p>Popeyes 1:7</p> <p>post 1:4</p> <p>pretty 2:19</p> <p>process 2:9</p> <p>provide 2:13</p> <p>pumped 1:11</p> <hr/> <p style="text-align: center;">Q</p> <hr/> <p style="text-align: center;">R</p> <p>ready 4:6</p> <p>really 1:16 2:6 2:22,22</p> <p>remember 2:7</p> <p>rest 3:11</p> <p>right 1:20 2:24 3:4 4:3</p> <p>rises 2:14</p> <hr/> <p style="text-align: center;">S</p> <p>school 1:6,7</p> <p>season 1:5,17,22 4:6</p> <p>see 1:18 2:14 3:1 3:5</p> <p>selection 2:8,17 2:20</p> <p>semis 3:24</p> <p>sites 1:25 2:1,3 2:11</p>	<p>sneak 1:6</p> <p>special 3:12</p> <p>sporting 1:10</p> <p>Square 1:7,19 2:23 3:1,9,13</p> <p>start 1:21</p> <p>starting 1:11</p> <p>Station 2:24,25</p> <p>story 1:5</p> <p>student 3:8,15</p> <p>sure 2:10 4:4</p> <hr/> <p style="text-align: center;">T</p> <p>take 3:1</p> <p>talk 4:9</p> <p>teams 2:3,23 4:5</p> <p>television 3:24</p> <p>Tennessee 4:5</p> <p>terrific 1:16</p> <p>Thanks 4:8</p> <p>Thanksgiving 1:8 3:3,3,21</p> <p>thing 3:16</p> <p>things 2:21</p> <p>think 1:9,15</p> <p>thought 1:21</p> <p>Three 1:2</p> <p>time 2:1 3:23</p> <p>Times 2:25 3:13</p> <p>Tip-Off 1:5 4:6</p> <p>today 1:12</p> <p>told 1:5</p> <p>top 2:15</p> <p>tournament 2:7 2:18 3:23</p> <p>town 1:14 2:2</p> <p>tried 2:16</p> <p>trying 2:10</p> <hr/> <p style="text-align: center;">U</p> <p>unfortunately 3:20</p> <p>unofficial 1:21</p> <hr/> <p style="text-align: center;">V</p>
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