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JOSH CENTOR: Good morning. And welcome to Mondays with Myles.

Dr. Brand, a couple of weeks ago, we saw a women's rugby contest between Eastern Illinois and Westchester. Now, women's rugby games happen in colleges and universities all across the country. But this is the first NCAA sanctioned match. It's a big deal, no?

DR. MYLES BRAND: It is a big deal. Absolutely. And it turns out that there are a number of highly proficient women's rugby clubs. And they've been playing in league play and even national tournaments but they have not been NCAA sanctioned. This is the first time it's happened.

JOSH CENTOR: Why is it important for it to have that NCAA sanctioned mark on it?

DR. MYLES BRAND: Well, it's a start towards having a national championship. You have to have 40 teams, according to our legislation, in which an emergent sport, as women's varsity rugby is, to be a nationally sanctioned sport and to have a national championship. And this breaks the barrier.

We're beginning to see now some of the clubs turn into varsity teams. We're not there yet. We're a long ways off from 40. But I think the process

1 has started.

2 JOSH CENTOR: Now, with emerging sports, we
3 have others besides women's rugby. We have archery,
4 badminton, team handball, squash, synchronized swimming,
5 equestrian. We have a number of sports here.

6 And you hit it right on the head. We
7 legislate that emerging sports are an important part of
8 the NCAA structure.

9 DR. MYLES BRAND: Yes. The reason it was
10 legislated by the NCAA was to give new opportunities in
11 different sports for women.

12 Of course, men's sports can also emerge.
13 Men's sports can come and go.

14 But the NCAA, several years ago, legislated
15 that we want to encourage and make possible certain new
16 women's sports where there's an appropriate level of
17 interest. And there's a process by which they have to go
18 through to see if they can become a championship sport.

19 JOSH CENTOR: Now, to be sure, that doesn't
20 mean, as you said, that a men's sport can't come and go.
21 But we have a focus here on helping opportunities grow
22 for female student athletes.

23 DR. MYLES BRAND: Absolutely right. Want
24 to see men's sports develop, obviously, and sports that
25 are no longer popular may go. But we want to see as many

1 student athletes, men and women, participate as possible.

2 We still have quite a differential in the
3 number of men and women who are participating in college
4 sports -- 42 percent of the participants in sports are
5 women and the remainder are men. So that's quite a big
6 difference. So we want to create some sports that will
7 attract some attention of young women and be competitive.
8 And that's what the emerging sports legislation was for.

9 Of course, as we've both been talking
10 about, there are opportunities for men to create new
11 sports too. But this was an attempt to encourage new
12 sport development for women.

13 JOSH CENTOR: And the NCAA committee on
14 women's athletics pays particular focus to the emerging
15 sports and how they're progressing.

16 DR. MYLES BRAND: Absolutely right. In
17 fact, the Committee on Women's Athletics, CWA, has
18 oversight for this legislation and for emerging sports.

19 JOSH CENTOR: All right. Well, rugby games
20 are now an NCAA sanctioned sport. And we will continue
21 to keep track on our emerging sports.

22 Thank you, Dr. Brand.

23 DR. MYLES BRAND: Pleasure.

24

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<p style="text-align: center;">A</p> <p>Absolutely 1:10 2:23 3:16 ago 1:4 2:14 appropriate 2:16 archery 2:3 athletes 2:22 3:1 athletics 3:14,17 attempt 3:11 attention 3:7 attract 3:7</p> <hr/> <p style="text-align: center;">B</p> <p>badminton 2:4 barrier 1:22 beginning 1:23 big 1:8,9 3:5 Brand 1:4,9,17 2:9,23 3:16,22 3:23 breaks 1:22</p> <hr/> <p style="text-align: center;">C</p> <p>CENTOR 1:2 1:15 2:2,19 3:13,19 certain 2:15 championship 1:18,22 2:18 clubs 1:11,24 college 3:3 colleges 1:6 come 2:13,20 committee 3:13 3:17 competitive 3:7 contest 1:5 continue 3:20 country 1:7 couple 1:4 course 2:12 3:9 create 3:6,10 CWA 3:17</p>	<p style="text-align: center;">D</p> <p>deal 1:8,9 develop 2:24 development 3:12 difference 3:6 different 2:11 differential 3:2 Dr 1:4,9,17 2:9 2:23 3:16,22 3:23</p> <hr/> <p style="text-align: center;">E</p> <p>Eastern 1:5 emerge 2:12 emergent 1:20 emerging 2:2,7 3:8,14,18,21 encourage 2:15 3:11 equestrian 2:5</p> <hr/> <p style="text-align: center;">F</p> <p>fact 3:17 female 2:22 first 1:8,13 focus 2:21 3:14</p> <hr/> <p style="text-align: center;">G</p> <p>games 1:6 3:19 give 2:10 go 2:13,17,20,25 Good 1:2 grow 2:21</p> <hr/> <p style="text-align: center;">H</p> <p>handball 2:4 happen 1:6 happened 1:14 head 2:6 helping 2:21 highly 1:11 hit 2:6</p> <hr/> <p style="text-align: center;">I</p> <p>Illinois 1:5</p>	<p>important 1:15 2:7 interest 2:17</p> <hr/> <p style="text-align: center;">J</p> <p>JOSH 1:2,15 2:2 2:19 3:13,19</p> <hr/> <p style="text-align: center;">K</p> <p>keep 3:21</p> <hr/> <p style="text-align: center;">L</p> <p>league 1:12 legislate 2:7 legislated 2:10 2:14 legislation 1:19 3:8,18 level 2:16 long 1:25 longer 2:25</p> <hr/> <p style="text-align: center;">M</p> <p>mark 1:16 match 1:8 mean 2:20 men 3:1,3,5,10 men's 2:12,13 2:20,24 Mondays 1:3 morning 1:2 Myles 1:3,9,17 2:9,23 3:16,23</p> <hr/> <p style="text-align: center;">N</p> <p>national 1:12,18 1:21 nationally 1:21 NCAA 1:8,13,16 2:8,10,14 3:13 3:20 new 2:10,15 3:10,11 number 1:10 2:5 3:3</p>	<p style="text-align: center;">O</p> <p>obviously 2:24 opportunities 2:10,21 3:10 oversight 3:18</p> <hr/> <p style="text-align: center;">P</p> <p>part 2:7 participants 3:4 participate 3:1 participating 3:3 particular 3:14 pays 3:14 percent 3:4 play 1:12 playing 1:12 Pleasure 3:23 popular 2:25 possible 2:15 3:1 process 1:25 2:17 proficient 1:11 progressing 3:15</p> <hr/> <p style="text-align: center;">Q</p> <p>quite 3:2,5</p> <hr/> <p style="text-align: center;">R</p> <p>reason 2:9 remainder 3:5 right 2:6,23 3:16 3:19 rugby 1:5,6,11 1:20 2:3 3:19</p> <hr/> <p style="text-align: center;">S</p> <p>sanctioned 1:8 1:13,16,21 3:20 saw 1:4 see 1:23 2:18,24 2:25 sport 1:20,21 2:18,20 3:12</p>	<p>3:20 sports 2:2,5,7,11 2:12,13,16,24 2:24 3:4,4,6,8 3:11,15,18,21 squash 2:4 start 1:17 started 2:1 structure 2:8 student 2:22 3:1 sure 2:19 swimming 2:4 synchronized 2:4</p> <hr/> <p style="text-align: center;">T</p> <p>talking 3:9 team 2:4 teams 1:19,24 Thank 3:22 think 1:25 time 1:14 tournaments 1:12 track 3:21 turn 1:24 turns 1:10</p> <hr/> <p style="text-align: center;">U</p> <p>universities 1:7</p> <hr/> <p style="text-align: center;">V</p> <p>varsity 1:20,24</p> <hr/> <p style="text-align: center;">W</p> <p>want 2:15,23,25 3:6 ways 1:25 We're 1:23,24 1:25 we've 3:9 weeks 1:4 welcome 1:2 Westchester 1:6 women 2:11 3:1 3:3,5,7,12</p>
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